## GovGuam Open Enrollment

Fiscal Year 2018







### **Buenas yan Hafa Adai!**

Thank you for the continued support and patronage of the Calvo's SelectCare Health Plan. Over seventeen years ago, we started providing healthcare coverage to GovGuam employees and retirees, and today we continue providing uninterrupted and improved services. The landscape of healthcare continues to evolve and change, and we continue to innovate and improve the benefits, services, and medical networks available to you.

During FY2018, you will be able to choose from two (2) plans: the SC1500 and the HSA2000. Below are some key features of the plans that are available to you.

- · Affordable Premium Rates
- A comprehensive and extensive medical network
- Fitness Reward program
- Wellness Rewards
- 100% coverage for Preventive Services without meeting the deductible in accordance with the United States Preventive Services Task Force (USPSTF), Grade A and B recommendations
- 100% Prenatal care coverage without having to meet the deductible
- 100% coverage with our gym partners: Custom Fitness, Paradise Fitness, Synergy Studios, and Unified for you and your eligible dependents
- Free membership in the Calvo's LifeStyle Club that provides you numerous savings and discounts at popular merchants on Guam
- 50% Air Ambulance discount
- Airfare to our Centers of Excellence for certain qualifying and pre-approved conditions

Our referral offices at the St. Luke's Medical Centers and The Medical City, Philippines, will continue providing superior services to our members. Through our website www.calvos.net, you are able to obtain claim payments, explanation of benefits, Summary of Benefits and Coverage (SBC), and other pertinent information.

We hope that you will notice the many improvements that will take effect during the upcoming year, and we encourage you to participate in our customer surveys as they are an important tool in evaluating and improving our services. We thank you in advance for your continued support and for the trust that you and your family have placed with us.

Si Yu'us Ma'ase

### **Becoming a Member**

#### **Eligibility Information**

In order to enroll in a Calvo's SelectCare health plan, you and your dependents must first meet the eligibility requirements defined in the agreement between Calvo's SelectCare and GovGuam.

You must complete an Enrollment Application and submit it with any other required documentation during an Open Enrollment period or within 30 days from the date you first become eligible for enrollment under the plan.

#### **Subscriber Eligibility Requirements**

- You must maintain legal residency in the Service Area. Calvo's SelectCare members must not be absent from the Service Area for more than 182 consecutive days.
- You must be working at least 30 hours or more per week.

#### **Dependent Eligibility Requirements**

Aside from meeting the eligibility requirements set forth by your employer, family members are eligible for coverage as dependents provided they are:

- · Your legal spouse.
- · Your domestic partner:
  - A domestic partner must be at least 18 years of age and must have lived with you for two consecutive years. A notarized affidavit is required.
  - A domestic partner may only be added during your employer's Open Enrollment Period or within 30 days from the date you first become eligible to enroll in the plan.
  - Children of a domestic partner, who are not your own children, are not eligible for coverage.
- Married or unmarried dependent children under the age of 26 years.
- Off-island Dependent children or children who reside outside the Service area who are between the ages of 19 thru 25 years.
  - Coverage for off-island dependent children will terminate upon reaching the age of 26 years.
- For natural children with a different last name from your own, you must provide the following:
  - · A copy of the birth certificate which verifies you as a parent, or
  - A notarized government Paternity Form which verifies you as a natural parent.
- For other dependents such as step children, legally adopted children, and children you have been awarded legal guardianship, you must provide the following:
  - · Birth Certificate.
  - · Parents' marriage certificate (when required).
  - Legal Guardianship must be for "Full Guardianship" and not limited or shared. A copy of the guardian's latest income tax filing or an affidavit stating that the dependent will be included in the guardian's next tax filing.
  - Court documentation signed by a judge ordering adoption or legal guardianship.
  - · Legal guardianship terminates no later than age 26.
  - Unborn children awarded for legal guardianship are not eligible for coverage.
- Your disabled dependent child who is beyond the limiting age may continue to be eligible provided they are incapable of self-sustaining employment due to mental retardation or physical disability.
  - Proof of total disability from a licensed medical physician is required upon enrollment.

- Proof of dependence, such as a copy of the subscriber's tax filing may be required.
- Q.M.C.S.O. or a copy of the qualified medical child support order must be provided. Children permanently residing outside the service area are only eligible to enroll in the plan if they qualify under the Q.M.C.S.O.

#### **Enrollment Period**

You may elect to enroll on any of these occasions.

- Initial Employment. You may enroll within 30 days from the date you first become eligible to enroll in the plan.
- · Annual Open GovGuam Enrollment Period.
- Special Enrollment Periods: Full-time employees and their eligible dependent(s) may enroll outside of open enrollment as a result of a Qualifying Event as defined by H.I.P.A.A. Under H.I.P.A.A. a Qualifying Event is an event that causes you to loose coverage in another health plan due to:
  - Termination of spouse's coverage or death of your spouse.
  - Divorce, Annulment or Legal Separation from your spouse.
  - Medicare or Medicaid eligibility ends.

A Special Enrollment opportunity also occurs if you acquire a new dependent through:

- Birth or Adoption.
- · Legal Guardianship.
- Marriage.

Enrollment Applications or Change of Status (COS) Forms and any required documents must be submitted within 30 days following a Qualifying Event. If you have lost coverage in another health plan due to a Qualifying Event, you are also required to submit a H.I.P.A.A. Certificate of Creditable Coverage from your previous plan. Your previous plan is required to issue a H.I.P.A.A. Certificate to you in a timely manner.

Your coverage will begin on the first day of the first Premium Period following receipt of your Enrollment Application by Calvo's SelectCare.

For more information, please refer to the "Summary of Federally Mandated Programs" section of your Member this Handbook.

#### **Adding Dependents and Changes to your Coverage**

You are able to enroll your new dependent(s), if you get married, obtain legal guardianship, adopt a child or have a newborn baby as long as they meet the eligibility requirements. Coverage begins on the first day of a Premium Period, however, coverage for newborn dependents begins at birth, and coverage for adopted dependents begins on the actual date of custody of the dependent.

If you do not enroll your dependents within the 30 day period from when they first become eligible, you would have to wait to enroll them during GovGuam's next Open Enrollment Period.

To add dependents, you, as the subscriber must notify Calvo's SelectCare in the following manner:

- Complete a "Change of Status" Form (COS),
- Complete a "Health Statement" Form (when required by the plan),
- Submit all Required Documentation as outlined above,
- Make your request within 30 days of your dependent first becoming eligible.

#### **Updating Your Information**

Your Enrollment Application contains pertinent information. This information is very important because it identifies you and your dependent(s) as eligible members. Please inform our Customer Service Department immediately of any error on your Member ID Card or any changes in name, address, phone numbers or email address.



## **Schedule of Benefits**

Your Benefits: What the plan covers	Participating Providers	Non-participating Providers
Deductible Per Individual Member (Class 1)	\$2,000	\$4,000**
<b>Deductible Per Family (Classes 2-4)</b> If a member meets their \$2,600, the plan begins to pay for covered services for that individual	\$4,000	\$12,000**
COVERAGE MAXIMUMS Individual member annual maximum	NONE	NONE
OUT OF POCKET MAXIMUMS (including deductible and co-pays) Per Individual member per policy year Per Family per policy year	\$4,000 \$12,000	No Maximum No Maximum
Any Services in the Philippines, Hawaii, U.S. Mainland and any foreign participating providers (Pre-Certification Required)		rom your Doctor and nce from the plan

Deductible and Co-Pay do not apply to these benefits when you go to a Participating Provider	Participating Providers Deductible does not apply to this benefit	Non-participating Providers after Deductible is met:
PREVENTIVE SERVICES (Out-Patient Only) Includes Annual Preventive Exam and Preventive Lab Services In accordance with the guidelines established by the U.S. Preventive Services Task Force (USPSTF) Grades A and B recommendations (Guam and Philippines only)	Plan pays 100%	Not Covered
IMMUNIZATIONS/VACCINATIONS In accordance with the guidelines established by the Advisory Committee on Immunization Practices.	Plan pays 100%	Not Covered
PRE-NATAL CARE including Routine Labs and 1st Ultrasound	Plan pays 100%	Not Covered
WELL-CHILD CARE Infancy (Newborn to nine months) Maximum 7 visits Early Childhood (One to four years old) Maximum 7 visits Middle Childhood / Adolescence (Five to seventeen years old) Maximum 1 visit per year In accordance with the Bright Futures / American Academy of Pediatrics recommendations for Preventive Pediatric Health Care	Plan pays 100%	Not Covered
WELL-WOMAN CARE In accordance with the guidelines supported by the Health Resources and Services Administration (HRSA), and the Women's Health and Cancer Act	Plan pays 100%	Not Covered

Deductible must be met for the following services	Participating Providers after Deductible is met:	Non-participating Providers after Deductible is met:
ACUPUNCTURE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
AIDS TREATMENT Exclusive of Experimental drugs	Plan pays 80% Member pays 20%	Not Covered
AIRFARE BENEFIT to Centers of Excellence only For members who meet qualifying conditions, SelectCare provides roundtrip airfare (Plan Approval Required)	Plan pays 100%	Not Covered
ALLERGY TESTING \$1,000 per member per plan year	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
AMBULATORY SURGI-CENTER CARE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
ANNUAL EYE EXAM Once Per Member per Plan Year	\$20 Member Co-Payment Covered in Guam only	Not Covered
BLOOD & BLOOD DERIVATIVES	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
BREAST RECONSTRUCTIVE SURGERY (In accordance with 1998 W.H.C.R.A)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
CARDIAC SURGERY	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
CATARACT SURGERY Outpatient Only (including conventional lens)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
CHEMICAL DEPENDENCY	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
CHEMOTHERAPY BENEFIT	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
CHIROPRACTIC CARE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
CONGENITAL ANOMALY DISEASES COVERAGE	Plan pays 80% Member pays 20%	Not Covered
DIAGNOSTIC TESTING MRI, CT scan, and other diagnostic procedures (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
<b>DURABLE MEDICAL EQUIPMENT (DME)</b> The lesser amount between the Purchase or Rental of crutches, walkers, wheelchairs, hospital beds, suction machines, nebulizer machine or oxygen and accessories when prescribed by a Physician standard CPAP, suction machines, or oxygen and accessories when prescribed by a Physician ( <b>Pre-Certification Required</b> )	Plan pays 80% Member pays 20% of the total rental cost or Purchase	Not Covered
ELECTIVE SURGERY (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%

<sup>\*</sup> Eligible Charges for Non-Participating Providers are limited to the lesser of actual charges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers



Deductible must be met for the following services	Participating Providers after Deductible is met:	Non-participating Providers after Deductible is met:
EMERGENCY CARE  1. On/Off Island emergency facility, physician services, laboratory, X-rays  2. Ambulance Services (Ground Transportation Only)  For off-island emergencies, plan must be contacted and advised within 48 hours	Plan pays 80% Member pays 20%	Plan pays 80%* Member pays 20%*
END STAGE RENAL DISEASE / HEMODIALYSIS	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
HEARING AIDS Maximum \$500 per member per plan year	Plan pays 80% Member pays 20%	Not Covered
HOSPITALIZATION & INPATIENT BENEFITS  1. Room & Board for a semi-private room, intensive care, coronary care and surgery  2. All other inpatient hospital services including laboratory, x-ray, operating room, anesthesia and medication  3. Physician's hospital services	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
IMPLANTS Limited to cardiac pacemakers, heart valves, stents, Intraocular lenses, orthopedic internal prosthetic devices (Limitations apply, please refer to contract)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
INHALATION THERAPY	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
MATERNITY CARE Labor and Delivery	Plan pays 80% Member pays 20%	Plan pays 70% Member pays 30%
NUCLEAR MEDICINE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
OCCUPATIONAL THERAPY 20 Visits per Plan Year. (Pre-Certification Required)	Plan pays 80% Member pays 20%	Not Covered
<b>ORGAN TRANSPLANT</b> including, but not limited to: Heart, Lung, Liver, Kidney, Pancreas, Intestine, Bone Marrow, Cornea. Donor expenses are covered. ( <b>Pre-Certification Required</b> )	Plan pays 80% Members pay 20%	Plan pays 70%* Member pays 30%
ORTHOPEDIC CONDITIONS Internal and External Prosthesis	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
OUTPATIENT PHYSICIAN CARE & SERVICES  1. Primary Care visits 2. Specialist Care Visits 3. Urgent Care Centers 4. Voluntary Second Surgical Opinion 5. Mental Health Care 6. Home Health Care Visit (Pre-Certification Required) 7. Hospice Care in Guam only, maximum 180 days at a maximum of \$150 per day (Pre-Certification Required) 8. Outpatient Laboratory 9. X-Ray Services 10. Injections (Does not include those on the Specialty Drugs List and Orthopedic injections)	\$20 Member Co-Payment \$40 Member Co-Payment \$20 Member Co-Payment \$40 Member Co-Payment \$20 Member Co-Payment Plan pays 100% \$40 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment	Plan pays 50%* Member pays 50% Not Covered Plan pays 50%* Member pays 50%
PHYSICAL THERAPY (Pre-Certification Required)	Plan pays 80% for the first 20 visits and 50% thereafter	Plan pays 50%* Member pays 50%
PRESCRIPTION DRUGS 1. Formulary Generic Drugs per prescription unit 2. Prescribed Over-The-Counter Drugs (Guam only) 3. Formulary Brand Name Drugs per prescription unit 4. Mail Order (excluding Specialty Drugs) 5. Non-Formulary (Medically Necessary Only and Pre-Certification Required)	\$15 Member Co-Payment (30 day supply) \$15 Member Co-Payment (30 day supply) \$30 Member Co-Payment (30 day supply) Co-Payment waived \$60 Member Co-Payment (30 day supply)	Plan pays 50% of Average Wholesale Price
6. Specialty Drugs (Medically Necessary Only and Pre-Certification Required)	\$100 Member Co-Payment	Not Covered
RADIATION THERAPY (Pre-Certification Required)	(30 day supply) Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
ROBOTIC SURGERY/ROBOTIC SUITE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Membe pays 30%
SKILLED NURSING FACILITY Maximum 60 days per member per plan year (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
SLEEP APNEA Diagnostics and Therapeutic Procedure (Pre-Certification Required)	Plan pays 80% Member pays 20%	Not Covered
STERILIZATION PROCEDURES  1. Vasectomy (Outpatient Only)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
VISION CARE Hardware up to \$150	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
Additional Benefits: What the plan covers	Participating Providers	Non-participating Providers after Deductible is met:
WELLNESS Wellness Benefit at a Wellness Center  1. Dr. Horinouchi's Wellness Clinic  2. Guam SDA Wellness Center	Plan pays 80% of the first \$200 Member pays 20% of the first \$200 Plan pays 50% of charges thereafter	Not Covered
Fitness Benefit: Deductible not required  1. Custom Fitness 2. Paradise Fitness Center 3. Synergy Studios 4. Unified	Plan pays 100%	Not Covered

<sup>\*</sup> Eligible Charges for Non-Participating Providers are limited to the lesser of actual charges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers





## **Schedule of Benefits**

Your Benefits: What the plan covers	Participating Providers	Non-participating Providers
Deductible Per Individual Member (Class 1)	\$1,500	\$3,000**
<b>Deductible Per Family (Classes 2-4)</b> If a member meets their \$1,500, the plan begins to pay for covered services for that individual	\$3,000	\$9,000**
COVERAGE MAXIMUMS Individual member annual maximum	NONE	NONE
OUT OF POCKET MAXIMUMS (including deductible and co-pays) Per Individual member per policy year Per Family per policy year	\$3,000 \$9,000	No Maximum
Any Services in the Philippines, Hawaii, U.S. Mainland and any foreign participating providers (Pre-Certification Required)	Requires a Referral f approval in adva	rom your Doctor and nce from the plan

Deductible and Co-Pay do not apply to these benefits when you go to a Participating Provider	Participating Providers Deductible does not apply to this benefit	Non-participating Providers after Deductible is met:
PREVENTIVE SERVICES (Out-Patient Only) Includes Annual Preventive Exam and Preventive Lab Services In accordance with the guidelines established by the U.S. Preventive Services Task Force (USPSTF) Grades A and B recommendations (Guam and Philippines only)	Plan pays 100%	Not Covered
IMMUNIZATIONS/VACCINATIONS In accordance with the guidelines established by the Advisory Committee on Immunization Practices	Plan pays 100%	Not Covered
PRE-NATAL CARE including Routine Labs and 1st Ultrasound	Plan pays 100%	Not Covered
WELL-CHILD CARE Infancy (Newborn to nine months) Maximum 7 visits Early Childhood (One to four years old) Maximum 7 visits Middle Childhood / Adolescence (Five to seventeen years old) Maximum 1 visit per year In accordance with the Bright Futures / American Academy of Pediatrics recommendations for Preventive Pediatric Health Care	Plan pays 100%	Not Covered
WELL-WOMAN CARE In accordance with the guidelines supported by the Health Resources and Services Administration (HRSA), And the Women's Health and Cancer Act	Plan pays 100%	Not Covered

Deductible does not apply to these benefits when you go to a Participating Provider (co-payments do not accrue towards deductible)	Participating Providers Deductible does not apply to this benefit	Non-participating Providers after Deductible is met:
ANNUAL EYE EXAM Once Per Member per Plan Year	\$20 Member Co-Payment Covered in Guam only	Not Covered
OUTPATIENT PHYSICIAN CARE & SERVICES  1. Primary Care visits 2. Specialist Care Visits 3. Urgent Care Centers 4. Voluntary Second Surgical Opinion 5. Mental Health Care 6. Home Health Care Visit (Pre-Certification Required) 7. Hospice Care in Guam only, maximum 180 days at a maximum of \$150 per day (Pre-Certification Required) 8. Outpatient Laboratory 9. X-Ray Services 10. Injections (Does not include those on the Specialty Drugs List and Orthopedic injections)	\$20 Member Co-Payment \$40 Member Co-Payment \$20 Member Co-Payment \$40 Member Co-Payment \$20 Member Co-Payment Plan pays 100% \$40 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment	Plan pays 70%* Member pays 30% Plan pays 50%* Member pays 50% Plan pays 70%* Member pays 30% Not Covered Plan pays 70%* Member pays 30%
PRESCRIPTION DRUGS 1. Formulary Generic Drugs per prescription unit	\$15 Member Co-Payment (30 day supply)	
2. Prescribed Over-The-Counter Drugs (Guam only)	\$15 Member Co-Payment (30 day supply)	Plan pays 50%
3. Formulary Brand Name Drugs per prescription unit	\$30 Member Co-Payment (30 day supply)	of Average Wholesale Price
4. Mail Order (excluding Specialty Drugs)	Co-Payment waived	
5. Non-Formulary (Medically Necessary Only and Pre-Certification Required)	\$60 Member Co-Payment (30 day supply)	
6. Specialty Drugs (Medically Necessary Only and Pre-Certification Required)	\$100 Member Co-Payment (30 day supply)	Not Covered
VISION CARE Hardware up to \$150	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%

Deductible must be met when you go to a Participating and Non-Participating Provider	Participating Providers after Deductible is met:	Non-participating Providers after Deductible is met:
ACUPUNCTURE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
AIDS TREATMENT Exclusive of Experimental drugs	Plan pays 80% Member pays 20%	Not Covered
AIRFARE BENEFIT to Centers of Excellence only For members who meet qualifying conditions, SelectCare provides roundtrip airfare (Plan Approval Required)	Plan pays 100%	Not Covered

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A full list of the Medical Exclusions can be found in the GovGuam FY2018 Member Handbook. Visit calvos.net to download the PDF.

Deductible must be met when you go to a Participating and Non-Participating Provider	Participating Providers after Deductible is met:	Non-participating Providers after Deductible is met:
ALLERGY TESTING \$1,000 per member per plan year	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
AMBULATORY SURGI-CENTER CARE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
BLOOD & BLOOD DERIVATIVES	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
BREAST RECONSTRUCTIVE SURGERY (In accordance with 1998 W.H.C.R.A)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
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CHIROPRACTIC CARE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
CONGENITAL ANOMALY DISEASES COVERAGE	Plan pays 80% Member pays 20%	Not Covered
DIAGNOSTIC TESTING MRI, CT scan, and other diagnostic procedures (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
DURABLE MEDICAL EQUIPMENT (DME)  The lesser amount between the Purchase or Rental of crutches, walkers, wheelchairs, hospital beds, suction machines, nebulizer machine or oxygen and accessories when prescribed by a Physician standard CPAP, suction machines, or oxygen and accessories when prescribed by a Physician (Pre-Certification Required)	Plan pays 80% Member pays 20% of the total rental cost or Purchase	Not Covered
ELECTIVE SURGERY (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
EMERGENCY CARE  1. On/Off Island emergency facility, physician services, laboratory, X-rays  2. Ambulance Services (Ground Transportation Only)  For off-island emergencies, plan must be contacted and advised within 48 hours	Plan pays 80% Member pays 20%	Plan pays 80%* Member pays 20%*
END STAGE RENAL DISEASE / HEMODIALYSIS	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
HEARING AIDS Maximum \$500 per member per plan year	Plan pays 80% Member pays 20%	Not Covered
HOSPITALIZATION & INPATIENT BENEFITS  1. Room & Board for a semi-private room, intensive care, coronary care and surgery  2. All other inpatient hospital services including laboratory, x-ray, operating room, anesthesia and medication  3. Physician's hospital services	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
IMPLANTS Limited to cardiac pacemakers, heart valves, stents, Intraocular lenses, orthopedic internal prosthetic devices (Limitations apply, please refer to contract)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
INHALATION THERAPY	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
MATERNITY CARE Labor and Delivery	Plan pays 80% Member pays 20%	Plan pays 70% Member pays 30%
NUCLEAR MEDICINE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
OCCUPATIONAL THERAPY 20 Visits per Plan Year. (Pre-Certification Required)	Plan pays 80% Member pays 20%	Not Covered
<b>ORGAN TRANSPLANT</b> including, but not limited to: Heart, Lung, Liver, Kidney, Pancreas, Intestine, Bone Marrow, Cornea. Donor expenses are covered. <b>(Pre-Certification Required)</b>	Plan pays 80% Members pay 20%	Plan pays 70%* Member pays 30%
ORTHOPEDIC CONDITIONS Internal and External Prosthesis	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
PHYSICAL THERAPY (Pre-Certification Required)	Plan pays 80% for the first 20 visits and 50% thereafter	Plan pays 70%* Member pays 30%
RADIATION THERAPY (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
ROBOTIC SURGERY/ROBOTIC SUITE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
SKILLED NURSING FACILITY Maximum 60 days per member per plan year (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
SLEEP APNEA Diagnostics and Therapeutic Procedure (Pre-Certification Required)	Plan pays 80% Member pays 20%	Not Covered
STERILIZATION PROCEDURES  1. Vasectomy (Outpatient Only)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
Additional Benefits: What the plan covers	Participating Providers	Non-participating Providers after Deductible is met:

Additional Benefits: What the plan covers	Participating Providers	Non-participating Providers after Deductible is met:
WELLNESS Wellness Benefit at a Wellness Center  1. Dr. Horinouchi's Wellness Clinic 2. Guam SDA Wellness Center	Plan pays 80% of the first \$200 Member pays 20% of the first \$200 Plan pays 50% of charges thereafter	Not Covered
Fitness Benefit: Deductible not required  1. Custom Fitness 2. Paradise Fitness Center 3. Synergy Studios 4. Unified	Plan pays 100%	Not Covered

<sup>\*</sup> Eligible Charges for Non-Participating Providers are limited to the lesser of actual charges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers





### **Schedule of Benefits**

Your Benefits: Subject to the Specific limitations which are contained in the Group Health Certificate, SelectCare pays:	Participating Providers	Non-participating Providers
Diagnostic & Preventive Care  1. Caries Susceptibility Test		
2. Exams (including Treatment Plan) (Once every 6 months)		
3. Fluoride Treatment (Annually for children age 19 & under)  4. Prophylavia (Classian of tacth) and a prop		
<ul><li>4. Prophylaxis (Cleaning of teeth) once every 6 months</li><li>5. Sealants (For permanent molars of children age 15 &amp; under)</li></ul>	100% of Eligible Expenses	70% of Eligible Expenses
6. Space maintainers (For children age 15 & under) includes adjustments within 6 months of installation	100% of Eligible Expelises	7070 Of Eligible Expenses
7. Study Models		
8. X-rays (Bite Wing Maximum of 4 per Plan Year)		
9. X-rays (Full Mouth, once every 3 years)		
Basic & Restorative Care		
General Services		
1. Emergency Care (During office hours)		
2. Pulp Treatment		
3. Routine Fillings (Silver & composite resin)		
4. Simple Extractions		
5. Complicated Extractions	80% of Eligible Expenses	70% of Eligible Expenses
<ul><li>6. Extraction of impacted teeth</li><li>7. Periodontal Prophylaxis (Cleaning once every 6 months)</li></ul>		
8. Periodontal Treatment		
Petrodontal rectment     Pulpotomy & Root Canals/Endodontic Surgery and Care		
10. Conscious Sedation and Nitrous Oxide for children under the age of 13		
Major & Replacement Care		
Fixed Prosthetics		
1. Crowns		
2. Gold Inlays & Onlays		
3. Replacement of Crown Restoration (Once every 5 years)		
Removable Prosthetics	50% of Eligible Expenses	35% of Eligible Expenses
1. Full Dentures (Once every 5 years)		- 17 or English English
2. Partial Dentures (Once every 5 years)		
3. Each anethesia, but only if medically or dentally necessary		
4. Relines		
5. Denture Repair		
Deductible	None	None
Registration Fee Per Visit To Dentist	None	None
Coverage Maximums	¢1	,000
Per Member per Plan Year	<b>,</b>	

#### Terms:

- 1. Unused balances are not transferable to the following year.
- 2. Charges for Non-participating Providers are limited to the lesser of actual charges of the Company's determination of the usual, customary and resonable charge in geographic location where the service was rendered, unless otherwise provided in the agreement.
- 3. The Covered member pays any excess above Eligible Charges.



## Life-Saving Benefits



## Air Ambulance Services

# 50% off Air Ambulance Services!

Air Ambulance Carrier and Plan approval required.

Certain qualifying conditions apply.

## **Airfare Benefit**

When certain critical conditions occur, you may qualify for round trip airfare to include:

- The member needing care
- An escort to provide assistance
- A medical escort, is medically necessary

This benefit applies to our Center of Excellence Network only. Pre-certification and Pre-approval is required.

## **Wellness and Fitness**

Our wellness programs provide a very dynamic and rewarding opportunity for our members to improve their LifeStyle and become healthier.

### **Health Risk Assessment**

You could be at risk for cancer or heart disease. Do you know how to reduce this risk? Health Risk Assessments are an easy way to discover your potential risks.

Take our simple, secure, online health assessment. All answers are confidential. See questions about your health habits and history.

- Get reports uncovering risks you may not know about
- Identify health concerns that need your attention
- Find out your next steps to getting and staying healthy
- Share your reports with your doctor







#### FREE to all Calvo's SelectCare Members!

Have fun and invigorate your body with one of our many fitness classes. With classes like Zumba, Hip Box, Barre Sweat, and Water Aerobics, you're guaranteed an exciting workout. Designed to suit all ages and abilities, all classes are delivered by high-quality, professionally certified instructors.

- Classes are on a First-Come, First-Served Basis
- Must present Calvo's SelectCare identification card at reception area

Classes held at Synergy East Hagåtña and Maite locations
For more information, please contact Customer Service
Phone: (671) 477-9808 Email: wellness@calvos.com

## **Healthy Coaching: Wellness Classes**

Some programs require fees and/or co-pays and pre-approval by plan



#### Free Programs:

Wellness Consultation, Diabetes Wellness Program, Stop Smoking, Childbirth Preparation Class Free classes on a first come, first serve basis!

#### **Programs at 50% Discount**

Newstart, Seven-day Detox, Intense Raw Juice Detox



#### **Free Programs**

Diabetes Clinic, Cholesterol and Hypertension Clinic, Weight Loss Clinic, Smoking Cessation, Stress Management Free classes on a first come, first serve basis!

## **GovGuam On Site**Wellness Activities

Aerobics
Body Combat
Cardio Circuit
CrossFit
TRX
Walking Sessions
Yoga
Mixxed Fit

#### **Health and Wellness Rewards**

Members can participate in multiple wellness incentive programs that will allow them to earn up to a maximum of \$200 per self only enrollment or \$400 per self and family enrollment for the benefit year. Incentive amounts will be calculated 60 days after the end of the policy or contract period or year, and payment will be made within 30 days after the calculation date. Members must complete a claim reimbursement form and submit to Calvo's SelectCare along with proper documentation in order to claim benefit. Services must be provided by a participating provider.

Completion of the SelectCare Online Health Risk Assessment (HRA) by covered adults, age 18 and older, once per benefit year.

Completion of biometric screening (weight, blood pressure, glucose, cholesterol and BMI) by covered adults, age 18 and older, once per benefit year. Annual physician office visit for diabetes with HgbA1c testing by covered individuals with Diabetes Type 2, once per benefit year.

Annual physician office visit with LDL-C testing for conditions with high-cholesterol by adults, age 18 and older, once per benefit year.

Earn \$25.00

Earn \$25.00

Earn \$25.00

Earn \$25.00

Annual physician office visit for women, ages 42-69, for breast cancer and screening mammogram once per benefit year.

Annual physician office visit for colorectal cancer for ages 50 and above with any of the following services: colonoscopy or sigmoidoscopy, once per benefit year.

Annual physician office visit for cervical cancer for women, ages 21-64, with pap smear once per benefit year.

Completion of SelectCare's Smoking Cessation Program by adults, age 18 and older, once per benefit year.

Earn \$25.00

Earn \$25.00

Earn \$25.00

Earn \$25.00



## **Gym/Fitness Reward**

Members will be rewarded \$75 for each GovGuam guarter by working out 10 days per month for three (3) consecutive months.

Members may enjoy exclusive no-cost memberships at several gym/fitness partners (Must be 18 yrs. or older)



#### To earn the Gym/Fitness Reward, members must complete the following requirements:

- Enroll and complete the Calvo's SelectCare Health Risk Assessment
- Select one of our gym/fitness partners and receive your validation card
- Work out at least ten (10) days per month at the selected gym/fitness partner for three consecutive months per GovGuam quarter GovGuam Quarters: October to December, January to March, April to June, July to September
- Get your fitness card validated each day you work out
- Submit the completed validation cards to our administrative office no later than sixty (60) days after the end of each quarter

Rewards will be paid within sixty (60) days after the proper submissions of the fitness cards

#### **Fitness Partners**

100% Coverage for GovGuam Members



#### **Paradise Fitness Center**

Hagåtña Tel: 475-2100/1

Dededo Tel: 635-2100/1



**Custom Fitness** 

**Anigua** 

Tel: 989-0436



**Synergy Studio** 

Maite Tel: 472-9642

Hagåtña Tel: 472-7674



#### **Unified**

**Tamuning** Tel: 969-8641

**Discounted Rate** for GovGuam Members



**Tamuning** Tel: 922-8888



## Calvo's SelectCare on the Web

Members can get information and access via the internet:

- View Claims Information
- Find a Provider
- Look through your Benefits
- Review your Member Handbook
- View the Summary of Benefits Coverage

Visit calvos.net today!







## The OptumRx Mobile App is designed for wellness on-the-go

- Stay on top of medication refills
- Show your doctor exactly what medications you are taking
- Pull up your medication history anytime
- · Learn about medication side effects & interactions and much more
- Compare drug prices
- On-the-go access to your personalized health information

Download the app to take advantage of the benefits your pharmacy plan offers







#### **Low Cost Mail-Order Prescription**

Prescriptions Drug costs add up. Our mail service pharmacy can help you save money.

The convenient and cost-effective way to get your prescriptions filled!



## The Calvo's Lifestyle Club Mobile App Is Here!

Download the app on your mobile device to find out the latest discounts and offers from our Lifestyle Club partners!













**5%OFF** All Produce (Saturdays only)

**10% OFF** Any Floral Arrangement with a minimum purchase of \$25.00

### **Get your Lifestyle Club card** on your mobile device today!

You will now be able to display your card on your mobile device when shopping, dining, or relaxing!

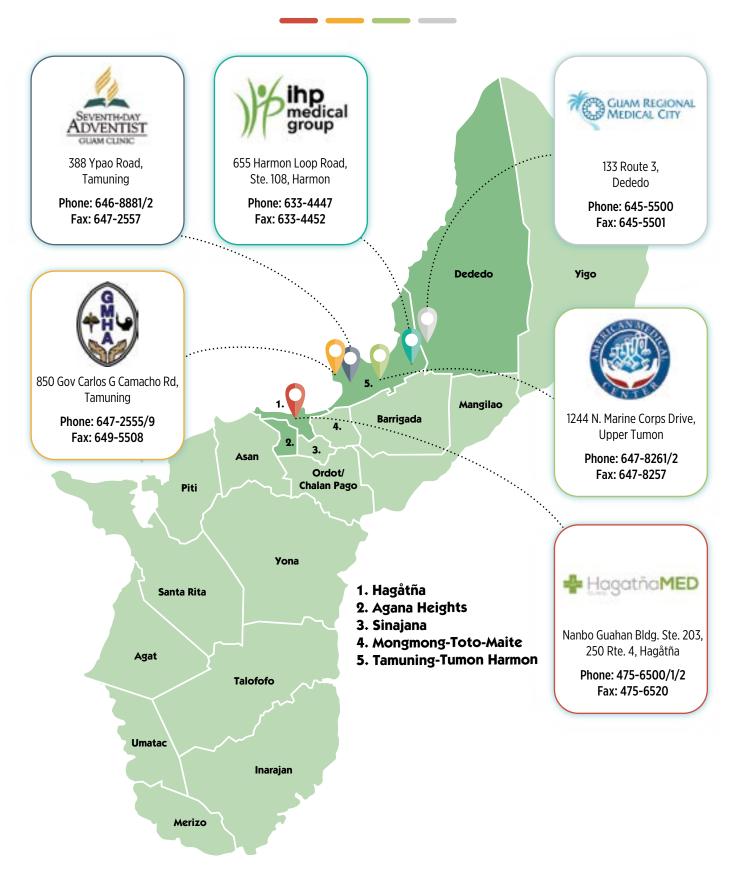


Get your card on your mobile device! Download your app today!



## **Emergency and Urgent Care Facilities**

When urgent or emergency care is needed, you have access to the following providers



## Our comprehensvie provider network offers choices to quality providers for you!

Local, National, and International access to thousands of doctors, hospitals, dental and vision care providers



#### **California**

Doctor's Medical Center of Modesto Good Samaritan Hospital Long Beach Memorial Medical Center St. Vincent Medical Center White Memorial Medical Center

Advanced Urology Medical Group Anaheim Global Medical Center Cedars-Sinai Medical Center Chapman Global Medical Center Children's Hospital of Los Angeles

 Keck Hospital of USC Orange County Global Medical Center South Coast Global Medical Center St. John's Health Center

♥ USC Norris Cancer Center

♥ USC Verdugo Hills Hospital

#### **Philippines**

Cardinal Santos Medical Center
Manila Doctor's Hospital
National Kidney and Transplant Institute
St. Luke's Medical Center: Global City, Manila
St. Luke's Medical Center: Quezon City, Manila
The Medical City: Clark Freeport Zone, Pampanga
The Medical City: Molo, Iloilo City
The Medical City: Pasig City, Manila

#### Taiwan

China Medical University Hospital Shin Kong Wu Ho-Su Memorial Hospital Taiwan Adventist Hospital

#### Hawaii

Kapiolani Women & Children's Hospital Straub Clinic and Hosptial The Cancer Center of Hawaii University Clinical Education Research Associates

#### **Hong Kong**

Hong Kong Adventist Hospital - Stubbs Road

#### Japan

Kameda Medical Center

#### **Korea**

Samsung Medical Center

**♦** Hospital Addition





#### U.S. PPO

Off-Island dependents have access to over **800,000 providers** in the U.S.A through the PHCS/MultiPlan network www.multiplan.com

#### **Providers:** Participating Guam Doctors and Dentists

Providers may change from time to time, we encourage you to call our customer service department.

#### **Doctors**



De Guzman, Fernan\* Lim, Reynald Lopez, Virgilio

Cardiology

Giambartolome, Alessandro Inaba, Yoichi\* Kim, Byungsoo\* Quiros, Juan - VISITING\* Yousufi, Umair\*

#### E.N.T. (Otorhinolaryngology)

Castro, Jerry\*

**Endocrinology** 

Alford, Erika Arakawa, Timothy Innerfield, Ronald Rubio, Joel

**Family Practice** 

Adolphson, Arania Akimoto, Vincent\* Anderson, Mark\* Arkless, Tyler\* Beckett, Mary\* Biewenga, Melissa Bryson, Julie\* Campus, Hieu\* Cook-Hyunh, Mariana Cruz, Luis\* Esteba, April\* Flores, Lisa\* Frickel, Wendy Galgo, Geoffrey Gerling, William\* Lee, Delores\* Loder, Bryce Lom, Jitka Lombard, Gabriel\* Lujan, Davina\* Lyons, Clifford Mariano, Maria\* Marzullo, William Massey, Joel McCreedy, Sam Miyagi, Shishin\* Namm, Julie\* Nguyen, Hoa Van\*

Nozaki, James K.\* Richardson, Ian Samaniego, Maria Santos, Patrick Schroeder Jr., Edmund\* Silan, Rodolfo Terlaje, Ricardo\* Thanapandian, Kamala

Geriatrics

Liu, Pei-Chang\* Ouhadi, Faraz\* Santos, Mary Grace\* Schroeder Jr., Edmund\*

Hematology

Friedman, Samuel Sanchez-Varela, Ana\*

Infectious Disease Medicine

Magcalas, Edgardo\* Ursales, Anna Leigh\* Yamamoto, Michelle

**Internal Medicine** 

Agustin, Michael Alford, Erika\* Ally, Insaf\* Arcilla, Leopoldo\* Chang, Young Chenet, Alix Cruz, Jeffrey\* Cruz, Olivia DeGuzman, Eugene\* Duenas, Vincent A.\* Gilbert, Russell\* Granada, Wilfredo\* Guzman, Pablo lampornpipopchai, Pichet Inaba, Yoichi\* Kallingal, Matilda Kang, Jiyeong\* Lim, Doris\* Lim Jr., Johnny\* Lizama, Florencio Larry T.\* Magcalas, Edgardo\* Nerves, Robert C.\* Ouhadí, Faraz\* Preston, Donald\*

Samonte, Romeo\* Santos, Mary Grace\* Taitano, John Ray\* Ursales, Anna Leigh\* Uy, Clarence\* Villa, Eden Yamamoto, Michelle

Neonatology

Concina, Vanessa Numpang, Ben

Nephrology

DeGuzman, Eugene\* lampornpipopchai, Pichet Nerves, Robert C.\* Philips, Sherif\* Safa, Saied\*

Neurology

Carlos, Ramel\* Hale, Justin\* Slattery, Michael

OB/GYN

Bez, Ellen Bieling, Friedrich\* Bordallo, Annie U. Hirata, Greigh - VISITING Jensen, Faye\* Miller, Vanessa\* Sidell, Jonathan\* Shieh, Thomas Walton, Kimberly

Oncology

Au, Kin-Sing\* Friedman, Samuel Guzman, Pablo Huang, Chen\* Ko, Song-Chu Sanchez-Varela, Ana

**Ophthalmology**Burton, Gregory P.
DeBenedictis, Marjorie\*

Flowers, Charles
Jack, Robert\*
Lombard, Peter\*
Margalit, Eyal
Ng, Eugene - VISITING\*
Pang, Pierre - VISITING

Parks, David - VISITING Smith, Anthony Wresh, Robert\*

Orthopedics

Arafiles, Ruben\* Cunningham, Glenn\* Galang, Carmelino Kim, Andrew

**Pain Management** 

De Guzman, Fernan\*

**Pediatrics** 

Blancaflor, Maria Carrera, Yolanda Concina, Vanessa Del Rosario, Amanda Domalanta, Dina Fojas, Milliecor Garcia, Antonio Garrido, John Linsangan, Gladys Manaloto, Cristina Numpang, Ben Oiso, Akio Santos, Edna Sarmiento, Dennis Shimabukuro, Kozue Um, Michael

**Podiatry** 

Borja, Teresa\* Mina, Sarah\* Prins, Dustin\* Sangalang, Melinda\* Silan, Noel\*

**Preventive Care** 

Horinouchi, Keith

**Pulmonology/Critical Care** 

Agustin, Michael\* Aguon, Joleen\* Gilbert, Russell\* Gonzalez-Huertas, Jose\*

Radiology

Berg, Nathaniel\* Hu, Ningmei Khandelwal, Ashish\* Lizama, Vincent Mallikarjunappa, M.K. Martinez, Roberto\* Mudd, David Michael Packianathan, Xavier Schneider, Michael Shay, Jeffery\* Tan, Kenneth Taylor, Laura\* Thorisson, Hjalti Young, John

Sleep Medicine

Barthlen, Gabriele\* Slattery, Michael

Surgery- General

Cruz, Michael\* Eusebio, Ricardo B.\* Go, Peter\* Hughes, Melany\* Im, Sunggeun\* Kobayashi, Ronald\* LeVeen, Eric\* Li, Doris Sophia\* Rahmani, Kia\* Sandy, Gisella\* Saw, Eng \*

**Surgery-** Hand & Microsurgery

Landstrom, Jerone\*

**Surgery- Neurological** Hayashida, Steven

Hayashida, Steven Powell, Neil Gary Taniguchi, Raymond - VISITING\* Weingarten. David

Surgery- Plastic &

Reconstructive Fegurgur, John\*

Surgery- Vascular

Eusebio, Ricardo\* Kobayashi, Ronald\*

Urology

Fenton, Ann\* Petero, Virgilio\* Pommerville, Peter

**Wound Care** 

Acuna, Edna\*

#### **Dentists**

Nguyen, Luan

**General Dentistry** 

Brady, Timothy Family Dental Center Fernandez, Michael GentleCare Dental Associates Hafa Adai Family Dental, P.C Harmon Loop Dental Office Hightower Dental Clinic Isa Dental Clinic Island Dental Lee, Thomas K. Malabanan Jr., Ben

Rubio, Joel\*

Safa, Saied\*

Ordot Dental Clinic Paradise Smiles Dental Clinic Reflection Center Dental Care Seventh Day Adventist Dental Veloria, Tom S. Yang, Robert J. Yasuhiro, Stanley **Endodontics** 

Hightower Dental Clinic

**Pediatric Dentistry** 

Ko, Hee Soo Isa Dental Clinic Pediatric Dental Center **Periodontics** 

Gatewood, Robert Kim, Jongsung (SDA Dental)



#### Providers: Participating Clinics, Hospitals, Pharmacies and Services

Providers may change from time to time, we encourage you to call our customer service department.

#### **Participating Clinics**



Guam Foot Clinic\* Guam Medical Care Guam Medical Health Care Center Guam Medical Imaging Center\* Guam Nursing Services Guam Orthopedic Clinic\* Guam PolyClinic Guam Radiology Consultants\* **GRMC Specialty Care Center\*** Guam SDA Clinic\* Guam Sleep Center\* Guam Specialist Group, PLLC\* Guam Surgical Group\* Guam Surgicenter, LLC\* Guam Urology, LLC\* Hagatna MED Clinic Harmon Pediatrics

Health Partners, LLC\* Health Services of the Pacific\* IHP Medical Group\* Isla Pediatrics Island Cancer Center\* Island Eye Center\* Island Foot Specialists\* Island Surgical Center\* Kallingal's Medical Clinic Latte Stone Cancer Care\* Leopoldo Arcilla, M.D.\* Lombard Health\* Marianas Footcare Clinic Marianas Physicians Group MDX Imaging\*
Micronesia Medical and Anesthesia Assoc., PLLC\*

MPG Pediatrics, PC Northern Region Community Health Center Olivia Cruz, M.D. One Love Pediatrics Pacific Cardiology Consultants\* Pacific Hand Surgery Center\* Pacific Medical Group\* Pacific Radiology, Inc. Pacific Retina Group, LLC\* Pacific Retina Specialists Pacific Sleep Care Pacific Sleep Center Pacific Urology Consultants\* Pediatric & Asthma Clinic. PC Renal Centers of Guam\* Retina Centers of Guam

Romeo Samonte, M.D.\* Sagua Managu SDA Wellness Center Southern Region Community Health Center St. Anthony's Clinic St. Lucy's Eye Clinic\* The Doctor's Clinic\* The Neurology Clinic\* The Pediatric and Adolescent Clinic The Women's Clinic Thomas Shieh, M.D. Tumon Kidney Center\* Tumon Medical Office Tumon Pediatric Clinic U.S. Renal Care Sinaiana Dialvsis\* United Family Medical Center Young Chang, M.D.

#### **Allied Services**

#### **Acupuncture**

Baik, Jong Sun Chong, Richard Yu, Jong

#### Audiology

Koffend, Renee\*

#### Chiropractic

Arthur, Steve
Dimalanta, Albert J.
Gregory, Robert W.
Larkin, Gary
Larkin, Lani F.
Larkin, Scott
Martin, Francoise
Martinez, Roger
Miller, Gregory J.\*
Nicdao, Placido
Onedera-Gregory, Barbara
White, Roderick

#### **Durable Medical Equipment**

Guam Med\* Health Services of the Pacific\* Healthcare Specialties\* Isla Home Infusion, Inc. Medquest Medical Supply

#### **Home Health Care**

Guam Nursing Services\* Guam Visiting Nurses\* Health Services of the Pacific\* Isla Home Infusion Paradise Home Care

#### Laboratory

Diagnostic Laboratory Services & Bio Path\*

- Dededo Polymedic Clinic\*
- Express Care Health & Skin Care\*
- GITC Bldg\*
- PeMar Place\*
- The Doctor's Clinic\* Labtech\*
- American Medical Center\*
- Guam Adult & Pediatric Clinic\*
- Guam Medical Plaza\*
- IHP Medical Group\*
- Young Chang, M.D.\*

#### **Mental Health**

Aguon, Risha Aquino, JoBeth Babauta, Thomas Baleto, Jesse Baza, Lisa

#### Bellis, Kirk Bordallo, Sandra

Calvo, Reyna Cristobal, Hope Ismael, Ariel Kallingal, George Kane, Stephen Leitheiser, Andrea Lizama, Tricia Natividad, LisaLinda

Pangelinan, Rusell Perez, Lilli Rapadas, Juan

Reyes, Valerie Rosario-Sanchez, Katrina Smith, Crystal

Swaddell, Joan Tolentino, Doris Toves, Louise

#### Optical

Agahan Optical FHP Vision Center\* Garcia Optical Ideal Optical Ideal Vision Center Island Eye Center New 20/20 Vision Center

#### Seventh Day Adventist Eye Clinic\* Vision Express

#### **Physical Therapy**

Bright, Kim Campos, Leonard Claros, Ryan Golez, Rolan Guam Regional Medical City\* Kim, Justin\* O'Connor, Shannon Santos, Isaias\* Sibug, Mary Ann S.O.A.R. Physical Therapy

#### Radiology

Guam Medical Imaging Center\* Guam Radiology Consultants\* MDX Imaging\* Pacific Radiology, Inc.\* The Doctor's Clinic\*

#### **Sleep Center**

Guam Sleep Center Pacific Sleep Care Pacific Sleep Center

#### **Speech Pathology**

Crisostomo, Sybil Day, Regina

#### **In-Area Hospitals**

#### Guam

Guam Memorial Hospital Authority Guam Regional Medical City

#### CNMI

Commonwealth Health Center

#### Participating Guam Pharmacies

#### **Community Pharmacy**

- American Medical Center (Tumon)
- Guam Adult & Pediatric Clinic

#### **Express Med Pharmacy**

- American Medical Center (Mangilao)
- Dededo

#### **Guam Medical Pharmacy**

Guam Rexall Drugs

**Harmon Drugs** 

#### ITC Pharmacy

- ITC Building
- Photo Town Plaza

**K-Mart Pharmacy** 

#### **Mega Drugs**

- Daily Plaza Bldg
- Oka Plaza Building

#### **Minutes Rx Pharmacy**

Oka Pharmacy

Pacific Healthcare Pharmacy

Perezville Pharmacy

#### **Polymedic Pharmacy**

**Sagan Amot Pharmacy** 

**Seventh Day Adventist Pharmacy** 

#### Super Drug

- Dededo Payless
- Hagatna Payless
- IHP Medical Group - Oka Payless

Benefits provided by:



Pharmacy Benefits Manager BIN: 003650 Processor Control: 64

Providers marked with an asterisk (\*) are Medicare Providers

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# Affordable Rates for You and Your Family!



Actives (Bi-Weekly)	GovGuam HSA2000	SC1500	GovGuam dental
Class 1: EE	\$ 0.10	\$ 56.64	\$ 7.87
Class 2: EE and Spouse	\$ 23.78	\$ 143.27	\$ 25.21
Class 3: EE and Child(ren)	\$ 19.76	\$ 119.60	\$ 19.38
Class 4: EE and Family	\$ 33.26	\$ 199.72	\$ 33.23

Retirees (Semi-Monthly)	HSA2000	SC1500	GovGuam dental
Class 1: EE	\$ 0.10	\$ 61.36	\$ 8.53
Class 2: EE and Spouse	\$ 25.77	\$ 155.21	\$ 27.32
Class 3: EE and Child(ren)	\$ 21.41	\$ 129.57	\$ 21.00
Class 4: EE and Family	\$ 36.03	\$ 216.36	\$ 36.00

# Staying with SelectCare is Simple!

You do not need to complete any forms! Your plan will automatically roll over!

## Five Healthy Reminder Tips:

- Practice self care and get your annual check up
- Eat clean by consuming real, whole foods
- Exercise by choosing something fun
- Get 7-8 hours of sleep per night
- Think Positive! Start off your day on a positive note

Notes:		
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Thank you for staying with Calvo's SelectCare

Healthcare that is there for you

## Office locations to better serve you

Guam

115 Chalan Santo Papa

P.O. Box FJ

Hagåtña, Guam 96932 Phone: (671) 477-9808 Fax: (671) 477-4141

Saipan

Oleai Center Bldg., San Jose

P.O. Box 500035

Saipan, MP 96950-0035 Phone: (670) 234-5690/9 Fax: (670) 234-5696

**Palau** 

JR Professional Bldg., Suite 2

P.O. Box 10248 Koror, Palau 96940 Phone: (680) 488-7222

Fax: (680) 488-7333

**Philippines** 

5th Floor, First Life Center

174 Salcedo Street, Legaspi Village

Makati City, Philippines

Phone: (632) 759-2871/813-1989

Fax: (632) 759-3126

St. Luke's Medical Center Global City Rm. 1008 10th Floor Medical Arts Building

32nd St. Bonifacio Global City Taguig City, 1112 Philippines Phone: (632) 555-0443/0448

Fax: (632) 555-0438

St. Luke's Medical Center Quezon City Rm. 716 7th Floor, North Tower Cathedral Heights Building Complex St. Luke's Medical Center Compound #279 E. Rodriguez Sr. Avenue,

Quezon City, Philippines Phone: (632) 413-1312 Fax: (632) 413-5721

The Medical City
Pasig City

Business Center, 9th Floor The Medical City, Ortigas Center

Pasig City, Philippines Phone: (632) 650-0589

Web

calvos.net

Administered by



Underwritten by



