



Hypertension & High Cholesterol Management

- **First session: August 5 & 12, 2017**
 - **Next session: December 2 & 9, 2017**
- Classes held on Saturdays 11:00am - 12:00pm

Wellness Workshop

Saturdays 11:00am - 12:00pm

- July 15** Digestion & Food Allergies
- August 19** Childhood Development (including discussion of ADHD, Autism)
- September 16** Hormone Balance
- November 18** Detoxification

To register please contact:

Dr. Horinouchi Wellness Clinic

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