



Hypertension & High Cholesterol Management

➤ **December 2 & 9, 2017**

Classes held on Saturdays 11:00am - 12:00pm

*Wellness shakes will be served

Wellness Workshop

Saturdays 11:00am - 12:00pm

November 18 Detoxification

December 16 Gout, Inflammation & Joint Health

To register please contact:

Dr. Horinouchi Wellness Clinic

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(Across from GPO, between Gaylord & KFC) in Tamuning
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