

THE WEEKDAY WORKOUT



Free to all Calvo's SelectCare Members!

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SYNERGY WHERE FITNESS MEETS WELLNESS</p> <p>5:30pm Aqua Tahitian Sheraton Pool</p> <p>5:30pm TRX Hagåtña</p>	<p>SYNERGY WHERE FITNESS MEETS WELLNESS</p> <p>5:30pm CrossFit Jumpstart Hagåtña</p> <p>5:30pm Cardio Strength Hagåtña</p>	<p>SYNERGY WHERE FITNESS MEETS WELLNESS</p> <p>5:30pm Tread & Shred Hagåtña</p> <p>5:30pm Aqua Tahitian Sheraton Pool</p>	<p>SYNERGY WHERE FITNESS MEETS WELLNESS</p> <p>5:30pm Cardio Strength Hagåtña</p> <p>5:30pm Pilates Hagåtña</p>	<p>SYNERGY WHERE FITNESS MEETS WELLNESS</p> <p>5:30pm Tahitian Fit Hagåtña</p> <p>5:30pm Bootcamp Burner Hagåtña</p>	<p>UNIFIED</p> <p>6:00am ENDURANCE CLUB Tamuning</p> <p>7:15am Burn Tamuning</p>
<p>6:15pm Hybrid Anigua</p>		<p>STEEL ATHLETICS</p> <p>12:00pm Steel Fit Tamuning</p>			
<p>STEEL ATHLETICS</p> <p>6:30pm Kids Kickboxing Tamuning</p>	<p>UNIFIED</p> <p>6:30am Open Gym Tamuning</p> <p>5:30pm ENDURANCE CLUB Tamuning</p>		<p>UNIFIED</p> <p>5:30pm ENDURANCE CLUB Tamuning</p> <p>6:30pm Build Tamuning</p>		
<p>UNIFIED</p> <p>6:30am BURN Tamuning</p>		<p>UNIFIED</p> <p>6:30am BURN Tamuning</p>	<p>UNIFIED</p> <p>5:30pm ENDURANCE CLUB Tamuning</p> <p>6:30pm Build Tamuning</p>	<p>UNIFIED</p> <p>5:30pm Build Tamuning</p>	

No Gym Membership Required!

Classes are on a first come, first served basis.
Must present Calvo's SelectCare identification card.

Classes are subject to change

For more information, please contact Customer Service
Phone: (671) 477-9808
Email: wellness@calvos.com

