

















THE WEEKDAY WORKOUT

Free to all Calvo's SelectCare Members!

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5:30pm Aqua Tahitian Sheraton Pool 6:00pm Hipbox Maite	 5:30pm Aqua Fitness Hagåtña Pool CrossFit Jumpstart Maite Kids Cardio Boxing (Ages 5 - 12 yrs.) Maite	 5:30pm Aqua Tahitian Sheraton Pool	 5:30pm Aqua Fitness Hagåtña Pool Cardio Circuit Maite Cycling Maite	 5:30pm Cardio Boxing Maite 5:30pm Tahitian Fit Maite	 6:00am Endurance Club Tamuning 7:15am Burn Tamuning
 6:15pm Hybrid Anigua		 12:00pm Steel Fit			
 5:30pm Endurance Club Tamuning		 5:30pm Endurance Club Tamuning 6:30pm Burn Tamuning			
					

No Gym Membership Required!

Classes are on a first come, first served basis.
 Must present Calvo's SelectCare identification card.

Classes are subject to change

For more information,
 please contact Customer Service

Phone: (671) 477-9808

Email: wellness@calvos.com

