











THE WEEKDAY WORKOUT

Free to all Calvo's SelectCare Members!

July 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SYNERGY "WHERE FITNESS MEETS WELLNESS"</p> <p>5:30pm Hipbox Hagåtña</p> <p>Aqua Tahitian Sheraton Pool</p>	<p>SYNERGY "WHERE FITNESS MEETS WELLNESS"</p> <p>5:30pm CrossFit Jumpstart Hagåtña</p> <p>Aqua Fitness Hagåtña Pool</p>	<p>SYNERGY "WHERE FITNESS MEETS WELLNESS"</p> <p>5:30pm Aqua Tahitian Sheraton Pool</p>	<p>SYNERGY "WHERE FITNESS MEETS WELLNESS"</p> <p>5:30pm TRX Hagåtña</p> <p>Aqua Fitness Hagåtña Pool</p>	<p>SYNERGY "WHERE FITNESS MEETS WELLNESS"</p> <p>5:30pm Tahitian Fit Hagåtña</p> <p>5:30pm Bootcamp Burner Hagåtña</p>	<p>SYNERGY "WHERE FITNESS MEETS WELLNESS"</p> <p>8:00am Aqua Fitness Onward Pool</p>
		<p>STEEL ATHLETICS</p> <p>12:00pm Steel Fit Tamuning</p>			
<p></p> <p>6:15pm Hybrid Anigua</p>		<p></p> <p>4:30pm Build Tamuning</p>		<p></p> <p>4:30pm Build Tamuning</p>	<p></p> <p>7:15am Burn Tamuning</p>
					

No Gym Membership Required!

Classes are on a first come, first served basis.
Must present Calvo's SelectCare identification card.

Classes are subject to change

For more information,
please contact Customer Service

Phone: (671) 477-9808

Email: wellness@calvos.com

