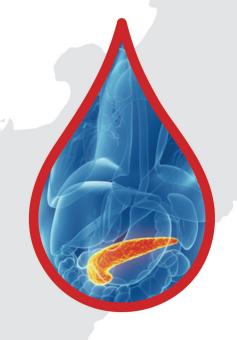


DIABETES





JOIN TODAY & LEARN THE MOST EFFECTIVE WAY TO SET YOURSELF FREE FROM DIABETES.

You will benefit most by joining ShapeUp program in conjunction with the DiaBeatIt program.



100% covered; \$0 copay

Register by Sep 3, 2021

Starts: September 13, 2021

Late registration: September 6 to 8 (late fee of \$25 not covered by insurance applies)

Program meets every Mondays and Wednesdays, 5 sessions for 2.5 weeks